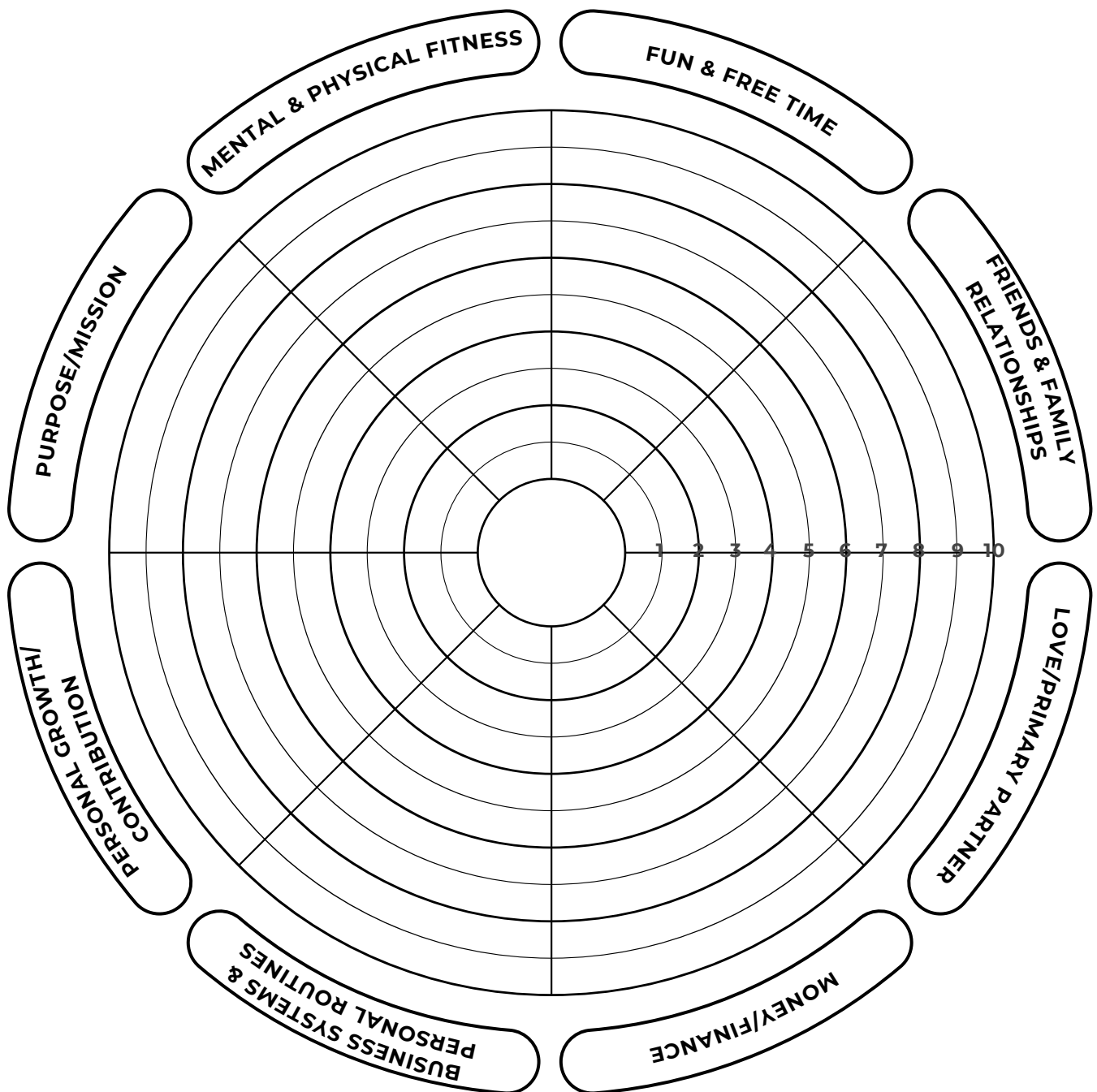


LIFESTYLE FREEDOM

ASSESSMENT

THIS WHEEL IS A TOOL DESIGNED TO HELP GET YOU UNSTUCK. BY GOING THROUGH IT YOU WILL GAIN THE MUCH-NEEDED CLARITY TO TAKE ACTION AND GET SHIT DONE. IF YOU TRULY DESIRE LIFESTYLE FREEDOM USE THIS TOOL BY LOOKING AT THE 8 LIFE AND BUSINESS CATEGORIES BELOW, AND RATE THEM FROM 1 - 10. 1 BEING FULLY UNSATISFIED, 10 BEING FULLY SATISFIED.



LIFESTYLE FREEDOM

ASSESSMENT

AS AN ENTREPRENEUR, IT CAN BE DIFFICULT TO FEEL LIKE YOU HAVE A THRIVING BUSINESS AND PERSONAL LIFE. WHEN SELF-DOUBT CREEPS IN IT CAN FEEL LIKE SUCCESS AND FREEDOM ARE ALWAYS JUST OUT OF REACH. ANSWER THE QUESTIONS BELOW TO SEE IF YOU CAN GET CLARITY AROUND THE CATEGORIES YOU SCORED THE LOWEST.

WHAT'S YOUR BIGGEST FRUSTRATION?

WHAT IMPACT IS THIS HAVING (IN YOUR LIFE, YOUR BUSINESS, YOUR RELATIONSHIPS, YOUR HEALTH)?

WHAT AREA OF THE WHEEL, IF IT IMPROVED RIGHT NOW, WOULD GIVE YOU THE MOST IMPACT?

LIFESTYLE FREEDOM

ASSESSMENT

WHY IS THIS IMPORTANT TO YOU?

WHAT IS THE MOST IMPORTANT ACTION YOU CAN TAKE TO IMPROVE THIS AREA?

HOW CLEAR OR CONFIDENT THAT YOU CAN GET THERE ON YOUR OWN?

WHAT GETS IN THE WAY FOR YOU?

LIFESTYLE FREEDOM

ASSESSMENT

WHAT ARE YOU MISSING OUT ON BY REMAINING STUCK?

CONGRATULATIONS! NOW YOU HAVE A BETTER UNDERSTANDING OF EXACTLY WHERE YOU HAVE BEEN STUCK AND AN ACTION PLAN TO CREATE MORE FREEDOM.

THE HARD PART IS IN THE FOLLOW-THROUGH.

I INVITE YOU TO BOOK A COMPLIMENTARY COACHING CALL WITH ME TODAY AND WE CAN REVIEW YOUR LIFESTYLE FREEDOM ASSESSMENT TOOL TOGETHER.

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